

How volunteers help us change the world – video transcript

Hello my name is Roy O'Shaughnessy and I'm the chief exec of Shaw Trust.

Shaw Trust is a national charity helping to transform the lives of over a million adults and children each year.

Our vision is for a society in which everyone has the opportunity for employment inclusion and independence, every year our fantastic team of 1,500 volunteers help us to achieve that vision, we couldn't do it without them.

Our volunteers help our retail shops be the best they can be, our volunteers also help our social enterprises where our young people with learning disabilities are taught to thrive and grow through our volunteers efforts.

Our volunteers run classes on mindfulness, on yoga, on book groups and a variety of other topics all helping individuals come to terms with their barriers to employment and transform their lives.