

Hello, how are you?

At Shaw Trust we care about your mental health and wellbeing.

Suffolk Employment Service

This service helps unemployed individuals with a mental health condition, learning disability, Asperger's, or Autism to receive the support they need to move into work.



At Live Well Kent we help people to improve their mental and physical health and wellbeing. It is a free new service for anyone over 17.

Suffolk Wellbeing Service

This bespoke service helps individuals to manage a range of workplace challenges including bullying, stress or harassment or at threat of redundancy. People who have been unemployed within the last six months can also benefit from the service. The programme covers Suffolk with the exception of the Waveney area.

Get back on track

Get Back on Track supports Islington patients who have been signed off work by their GP and are at risk of becoming unemployed. The service provides tailored support on work related stress, bullying, mental-ill health or practical problems such as benefits or housing.



Our Wellbeing Works Campus offers disabled people participating in Work First Scotland access to a range of services aimed at improving their health and employment chances.

Aim 4Work

A specialist employability programme for people with common mental health conditions looking to get into work. Delivered in South, North and East London.



Shaw Trust Registered Charity No. England and Wales: 287785, Scotland: SC039856

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